

# Manly Dragons

## YEARBOOK

### 2006-2021



# In the beginning...

## Foreword by Bob White

When Floranel Budziosz (Coordinator from the Wynnum Manly Tourism and Visitor Information Centre) asked me one day if I knew anything about Dragon Boats, I had no idea that 15 years and countless awards and trophies later would I be writing this.

Where would I start? What was required? Who could I ask?

After reading the original proposal and doing some of my own research, in July 2006 I decided to test the water and placed an ad in the local paper and on notice boards inviting interested people to attend a meeting to learn more. 17 people turned up to the first meeting and we were off and running!

At the next meeting, 23 people turned up to hear Phil and Faye Rallings from Currumbin Dragon Boat Club talk about what was involved in setting up the Club. A few meetings later and

we were almost ready. Elections for Club roles were decided. I was elected as the first President, Paul Eardley elected Vice President, Kelly Tanner elected Secretary, Maggie Boyce elected Treasurer and Paul Chinn elected as Club Captain. The training team comprised Joe Martin, Helen Healy and Peter Ensley, QDBF representative and media liaison was Heather Day and the Social Committee comprised Allan Poole and Greg Fyson.

Next, we needed a boat! In January 2007 we leased our first boat, the old blue clunker, from the Gold Coast Chinese Club. At the same time we needed somewhere to call home, our base to store the boat and train. I approached the Wynnum Manly Yacht Club (WMYC ) who confirmed the proposal and training commenced in the marina.

We then set about to raise funds for uniforms, equipment, another boat and recruit more members. We cooked countless sausages at the Sunday markets, received a number of early grants

and even paraded our first boat in the Halloween Street Parade in October 2007, which was a huge success.

The rest of the story can be told by others but prior to my stepping down as your first President, I donated a trophy to the Club to be used in any way the new committee saw fit. This trophy was named the Bob White trophy and every year when I am invited to award it, I am reminded of how very proud I am of what I started.

Here's to the next 15 years!



On 22 December 2006, after many months of meetings and community consultation a special meeting was called to officially register “Manly Dragon Boat Club” with the initial membership of 20 people and we hired a boat to train in from the Chinese Dragon Boat Club.







# Our sponsors

## Major Sponsor Margaret Vote Raine & Horne Wynnum Manly Commenced Sponsorship 1 January 2014 - present



My association with Manly Dragons started in early 2014 when Ross Boyce approached me to become a sponsor. I was truly honoured to be asked as I was already aware of the Club and had watched with interest as the dragon boats were training along the front channel of the marinas. John Robinson continued to keep me up to date as I continued my sponsorship with information about regattas. I was always invited to attend and was always a guest at their annual awards nights. Those nights are my earliest recollections and while I wasn't a part of the Club at that time, I was made to feel a part of it and as my life's circumstances changed, the opportunity presented itself for me to attend the Club Crew World Championships in Szeged Hungary.

In July 2018, 57 paddlers and a support crew of 15 from the Manly Dragon Boat Club travelled to contest the 11th Club Crew World Championships. This culminated two years of preparation for the crew who were joined by 6200 athletes from 140 clubs across 32 different countries.

This was the largest dragon boat regatta to be conducted anywhere and the competition was fierce. Manly Dragons contested 15 categories and the crews made the minor or major final in each one, bringing home Gold, Silver and



Bronze medals ... Manly Dragons World Champions ... and I was in the front row cheering them on with enormous pride!!!

The Club was the top ranked Australian Club at the competition and ranked 17th in the world. As a matter of interest, in the top 17 clubs, there was 1 Australian, 1 American, 2 Hungarian and 13 Canadian Clubs and that record stands today until the next Club Crew World Championships in 2022.

My whole world changed attending that event as I was able to experience Manly Dragons in action, watching them compete on the water and as a club working together, their relationships with each other and also with me and I felt included even though I had never lifted a paddle.

This was my grounding in understanding the incredible culture of Manly Dragons that produces world champions and good buddies. Their guiding principles and character with qualities of acceptance, inclusiveness and respect have created a wonderful club to be a part of.

Along with striving to represent their community at competition, they also strive for a balance to ensure that the paddling needs of all members are catered for. The balance of performance focus and personal inclusiveness in competing is a significant part of Manly Dragon Culture.

I became a member on my return and can only encourage everyone to Come & Try as a new world of fun, exercise and health will open up and with State, National and International regattas ... you can enjoy travel with buddies and friends to lots of places if you choose to participate!!!

**Margaret Vote**

## Current sponsors



## Other sponsors over the years



Congratulations Manly Dragon Boat Club on reaching your 15th anniversary.

Moreton Island Adventures was pleased to sponsor the Club in its early years and help support your growth and success in this exciting sport. Observing the ceremonial blessing of the new dragon boats on board the MICAT was a particular highlight of our involvement. It was a pleasure to have your Club host their end of year celebrations with families and friends and enjoy the special place that is Moreton Island. I know many of you took the opportunity to return and have a real holiday and explore all that Moreton has to offer.

Manly Dragon Boat Club has grown to become an integral part of the Wynnum and Manly community but more than that you are a team to be admired for your perseverance in working towards and achieving your goals.

All the very best for the future.

**Kerry Seymour**



# 2007

**Bob White - President**

## President's Report

### Wednesday 28 November

I would like to welcome you to the President's 2nd AGM report.

For those of you that are not familiar with this Club's origins it dates back to July 2005 when Phil Rallings from Currumbin Dragon Boat Club first made attempts to establish a Manly based dragon boat club via the Chamber of Commerce. In August 2006, and as a new member of the Chamber of Commerce, I was asked if I knew anything about Dragon Boats. The answer to that was NO but I was willing to find out more. In July 2006 I placed an ad in the local paper and on notice boards throughout Manly – Wynnum - Lota and held our very first meeting at the Wynnum Manly Yacht Club on 15th September 2006 with 17 people in attendance. Phil and Faye Rallings spoke to us about how to start up a new club, explaining the costs and what was involved. Three further meetings were held to get the ball rolling until we held our first official Manly Dragon Boat Club meeting in January 2007. By then we had almost 30 financial members.

#### Achievements of past 12 months

- Leased our first dragon boat from Gold Coast Chinese Club on 14 January 2007
- Built an enthusiastic and committed Executive team who focus on the many jobs that need to be done when running a Dragon Boat club. Executive comprises Bob White as President, Paul Eardley as Vice President, Kelly Tanner as Secretary, Maggie Boyce as Treasurer.
- Club Captain is Greg Chi
- Training team comprising Joe Martin, Helen Healey, Peter Ensley
- QDBF representative and media liaison is Heather Day
- Social committee is Allan Poole and Greg Fyson (a.k.a. the Iron chefs)
- Trolley made by Damon and updated later on
- Concreting of a new hardstand including a safety railing
- Rack to house two Dragon Boats
- Shed (or part of)
- Competed so far in six regattas
- Picked up two trophies
- Club t-shirts in new Club colours
- Two registered sweeps (Congratulations Joe and Heather)

- Training program and schedule
- BBQ donated by PRD Manly
- Countless sausage sizzles at the Sunday Manly markets which have enabled us to purchase many Club items
- The purchase of 21 black Club paddles
- PFDs (Safety vests) and safety equipment (lights, first aid kits)
- Swimming accreditation for 42 people
- 65 financial members

All of this would not be possible without the hard work of Club volunteers.

#### Plan for next 12 months

- Increase our membership to at least 200 members
- Acquire a third Dragon Boat for training purposes
- Accredited at least four more sweeps
- Establish a junior squad
- Sponsorships for the Club
- Expand our social and fitness programs to include swimming, bush walking, cycling, and get more people along to our first Friday of each monthly dinner at WMYC
- Have more members undertake QDBF training courses

- Medical emergency plan (need a medical officer)
- Get more volunteers to help with the running of the Club

#### Long term vision for Manly Dragon Boat Club

- Hold a regatta in Manly (Rose Bay)
- Increase our membership to at least 500 members making MDBC the biggest Dragon Boat club in SE Queensland
- Introduce Dragon Boating to local schools as a school sport

#### Grants

- \$500 donation from Larry's Pizzeria to help us purchase our first Club shirts
- Local grant from Peter Cummings which gave us the marquee in our new Club colours
- Through the Gambling Community Benefit Fund we have been able to achieve the purchase of two dragon boats which will arrive next month and one double dragon boat trailer

I would like to acknowledge the significant contribution of Kelly Tanner who was instrumental in securing our grants. She put in many hours of hard work and will be missed as she steps down from her role as secretary.

I hope I've been able to give you an idea of just how much has happened in such a short time. All of this is due to the tireless efforts of the Executive, committees and volunteers who make this possible.

After our first regatta at Tin Can Bay with great success, members of other Dragon Boat Clubs asked us if we were from Manly, Sydney. They all now know about the Manly Dragons from Brisbane.

Last but not least, your continued support and encouragement is what keeps our Club going. I wish you all a safe and happy Christmas and new year.

**GO MANLY DRAGONS!**

**Bob White President**





# 2008

**Bob White - President**



**Minor finalist Mixed Masters  
Queensland State Championships**

Imagine a team of 20 paddlers, all working together in time to the beat of the drum. The exhilaration of completing a race and crossing the finish line or the great sense of achievement that comes from knowing that you have reached your goal and can now aim higher!

Welcome to the sport of dragon boat paddling.

The Manly Dragon Boat Club is now two years old and has enjoyed great success since its beginning.

In our first two years of operation, we have grown to a Club of 80 members; purchased two new 'Champion' Dragon Boats funded by a grant from the Gambling Community Benefit Fund with a further two new boats on order; received funding from the Department of Sport and Recreation for club development; and successfully competed in the last two seasons of state regattas. We also entered a number of teams in the 2008 Pan Pacific Masters Games held on the Gold Coast in November 2008 and our ladies team qualified for the Major Final over 500m competing against established clubs from Queensland and interstate. A remarkable outcome for such a new paddling club.

Our excellent storage facilities and easy launching and retrieval from the boat ramp enable us to spend more time out on the water enjoying the great paddling environment of the harbour and the bay.

## Dear Manly Dragons

Congratulations on your 15th year Anniversary. As Foundation Committee member, along with Bob White and Kelly Tanner, it is gratifying to see the continued progression of Manly Dragons – the Club has become a force within the Dragon Boat Community. Both Ross and I have very fond memories of our time at MDBC and hold special the Club's first international trip to Club Crew World Championships in Hong Kong, 2012. A small but well-prepared group led by me as coach and our then President

Jason Ferrari ventured onto the world stage and returned with a massive trophy haul and the title of World Champions. We are both still extremely active in the development of Dragon Boating, venturing into the high-performance world and representing Australia in the last 4 World Nations Championships where we have noted many Manly paddlers participating.

We wish you all, continued success, new challenges, and enjoyment on the water.

**Maggie & Ross Boyce.**



# Testimonial



# 2009

**President - Heather Day**

The Manly Dragon Boat Club is now three years old and continues to enjoy great success. Currently we have 64 members and following a recent Come and Try day, interest in the sport of dragon boat paddling continues to grow.

This year we have continued to train hard and improve on our fitness, paddling prowess and our standing in the competitive arena. For such a young club, it was a fantastic effort to see eight ladies from Manly selected to be part of the Queensland team at the National Championships held in March 2009. Elizabeth and Pat endured a long and arduous training and selection process to be chosen in the Grand Masters Womens team. Maggie, Jill, Carmen, Chris, Fran and Heather were selected for the Masters Women team and received a bronze medal after some very close racing against New South Wales and a second Queensland team.

This was a fantastic result for an enthusiastic crew. Manly aims to improve on this performance with plans well under way to send a Club team to Adelaide for the Australian Championships in April 2010. A number of the ladies will back up to try out for the State team again and rumour has it that a few of the men will give it a go this time.



We have purchased another two new Champion Dragon Boats funded by a grant from the Gambling Community Benefit Fund and have received funding from the Department of Communities - Sport and Recreation for club development; and successfully competed in the last two seasons of state regattas.

We also entered teams at a number of local regattas held over the past 12 months.

We have hosted community programs during the year including a visit from 35 enthusiastic young ladies from CANTEEN who joined us for a morning on the water in April. The Brisbane City Council sponsored Real Action Women (RAW) day that enabled over 20 ladies to come and try out the sport, and this has led to a greater interest in joining the Club.

Manly Dragon Boat Club has been fortunate that with the growth of the Club, our excellent storage facilities and easy launching and retrieval from the boat ramp enabled us to spend more time out on the water enjoying the great paddling environment of the harbour and the bay.

Manly Dragons appreciated the growing relationship with Wynnum Manly Yacht Club and are involved in social evenings and WMYC Club activities. We extend to the members' adult families the opportunity to have a go at dragon boat paddling – a great way to keep fit and meet new friends.





# 2010

President - John Robinson

## 2010 was a year of firsts

Manly Dragons competed in the Queensland State Championships, coming first in the Minor Final of both the Premier Mixed 500m and Premier Womens 500m.

The Club also competed at the Australian Championships in Adelaide.

Manly Dragons came first place in a major final in the Senior B Mixed at the BRD Regatta.



# 2011

President - Jason Ferrari

## Manly Dragons 5 year celebrations

December 2011 marked the 5 year anniversary of the formation of Manly Dragon Boat Club Inc and so it seemed a fitting start to the New Year to hold a birthday party in early January to celebrate this important milestone. From the Club's humble beginnings with 15 foundation members and a borrowed boat ('the tub') it has grown to be a successful club of almost 100 members, with an equipment inventory to rival most, including four new Champion boats and a RIB rescue boat.

The party was attended by 60 members and their partners from '06 to '12 and in between and was a great opportunity to reflect on the many achievements in the past five years. Fond memories were shared as we were entertained by the display of photos and videos of past regattas. And yes, the famous video of the ladies gold medal win at Canberra was replayed a few more times!

It would not be a birthday party without a cake and you cannot celebrate a Dragon's birthday without a dragon boat cake! Hats off to the pastry chef and decorator that provided the wonderful cake display and it was a fitting recognition of the great success that is Manly Dragon Boat Club to have all past and current presidents perform the cutting of the cake.

Having achieved so much in such a short space of time we all look forward enthusiastically to what the next five years may hold.

## Queensland State Titles Lake Kawana March 2011

Manly paddlers have just returned from successfully contesting the 2011 State Championships!

Every one of our competing paddlers has returned home with a medal, in some cases several medals; each varying in colour from bronze, silver and gold - yes GOLD twice, covering Premier to Grand Masters Divisions! What a monumental improvement from our performance last year when only our Grand Masters returned home with two bronze medals.

Firstly, I need to thank all the State Crew for their absolute dedication to training. We have put in hundreds of hours on the water. Our crews have been training on water up to five times per week, practicing as teams and committing to each other. Success does not come without hard work, toughness and self belief! To honour all this hard work we approached the 2011 State Championships with the view of only putting our strongest teams forward to battle it out on water for maximum glory and medals!



Our first gold medal at the Australian Championships Lake Burley Griffin, Canberra





# 2012

President - Jason Ferrari

## State Championships Lake Kawana



## Club Crew World Champions Hong Kong 2012

Senior A Women 10s 500m – Gold  
Senior A Womens 10s 200m – Bronze  
Senior B Women 10s 500m – Silver  
Senior B Womens 10s 200m – Bronze  
Senior B Mixed 10s 500m – Silver  
Senior B Mixed 10s 200m – Silver



Good, better,  
best.  
Never let it rest,  
'til your good is  
better and your  
better is best.



# 2013

## President - John Robinson

Continuing this fine tradition in Brisbane’s bayside community, the Manly Dragon Boat Club is now seven years old and continues to enjoy great success. Currently we have a membership of 90.

During this year, we have continued to train hard and improve on our fitness, paddling prowess and our standing in the competitive arena. In April this year, we travelled to Penrith to the Sydney International Regatta Centre with high hopes of performing well at the 2013 Australian Dragon Boat Championships. At the end of the regatta, we came away with 11 Australian Championship titles. Manly Dragon Boat Club is now ranked #2 in Australia in the Masters category.



As a result of this outstanding performance, six of our teams have been invited to Ravenna, Italy to contest the Club Crew World Championships in September 2014.

Also on the international stage, we have seen the selection of 14 of our members to the Auroras – the Australian Dragon Boat team. In July, this team travelled to Szeged, Hungary to compete in the World Dragon Boat Championships. A stunning achievement for such a new club.

We had our first marine incident earlier this year when one of our crews was submerged by the huge wash pushed up by a large charter vessel as she approached the entrance of Manly Boat Harbour at full speed. Our safety procedures sprang into action and all paddlers were quickly accounted for. The call for assistance to Coast Guard Brisbane saw the dispatch of a rescue vessel which quickly managed the situation.

A review of our procedures showed no deficiency and in retrospect, it was seen as a good exercise to put our safety standards into practice.

A new management team was elected into office at our AGM held in late August. A huge thank you must go to Jason Ferrari and his team as the outgoing management committee for the fantastic effort they put in over the past couple of years.

As the Club grows in size and performance, the load on committee members continues to increase. So much so, that in recognition of the extensive

role that coaching plays in the development of the paddling performance of the Club, a coaching team has been appointed.

The Club is truly fortunate to have a number of skilled members who are willing and able to contribute to the safe and effective development of the Club and its members.

In the past twelve months, we have applied for another grant from the Gambling Community Benefit Fund to purchase an equipment trailer to transport the growing list of equipment we need when attending regattas.

Manly Dragon Boat Club has been fortunate with the generous sponsorship provided by Raine & Horne Wynnum Manly and also Moreton Island Adventures.

In addition to this sponsorship, Manly Dragons recently conducted a major fundraiser–Casino Royale where 200 patrons tried their luck on the tables. The business community of the district got behind the evening and a great night was had by all. Special mention must go to Wynnum Manly Yacht Club for their generous sponsorship for this event.

Manly Dragons appreciate the continuing relationship with the Wynnum Manly Yacht Club. We extend to WMYC members and their families the opportunity to have a go at dragon boat paddling – a great way to keep fit and to meet new friends.

# Manly paddlers fire at titles

15-5-2013

BRAYDEN HESLEHURST  
brayden.heslehurst@news.com.au

**DRAGON BOATS:** The Manly Dragons are taking over the Australian dragon boating scene. Well, it seemed that way after the club took home 16 podium finishes from the Australian championships in Penrith earlier this month, including 11 gold, three silver and two bronze. Club development manager Ross Boyce said the results were beyond the coaching team's expectations and have set a benchmark for the future. "The benchmark for the teams was set at a much higher level than previous years and all paddlers relished the hard work," he said. "The dedication of all paddlers committing to the solid training regime that was set in place 10 weeks prior to the nationals – paddling at least three times a week on water and having land-based training once to twice a week – increased our level of fitness."

With the impressive results comes a target for opponents to strive for in the future. Boyce said the club was up for the challenge. "Having such a huge success early in the club's history now places a target on our backs. In the coming years our challenge will be to maintain our standing as a club in all the racing categories available," he said. "After having succeeded in so many categories at this year's nationals, we now await the classifications for the 2014 World Club Crew Championships in Ravenna, Italy. In other news, 14 members of the Manly Dragons are set to wear the green and gold for the first time after they were selected to represent Australia following trials in Canberra earlier this year. Manly Dragons in the Australian squad include an Australian divisional coach, one sweep and 12 paddlers, a result which Boyce said was a huge boost for the club. "The growth of our club both administratively and competitively has been the result of following a development plan initiated some four years ago with the aim of being in the top 10 clubs in Australia in our fifth year," he said. The Australian Auroras will represent Australia at the World Championships in Hungary from July 24 to 28. For those interested in getting involved with the Manly Dragons, please email [info@manlydragons.com.au](mailto:info@manlydragons.com.au).



**BIG HONOUR:** Maggie Boyce with Manly Dragons club members who have been selected for the Australian Auroras team.



Members of Manly Dragon Boat Club who qualified for the Australian team, the Auroras, and competed at Szeged, Hungary

- |                  |                |
|------------------|----------------|
| Alyssa Banfield  | John Robinson  |
| Anna Maija Goble | Linda Robinson |
| Anita Higginson  | Lisa Watzek    |
| Brian McMahon    | Maggie Boyce   |
| Carmen Que       | Pia Mitchell   |
| Di Enright       | Ross Boyce     |
| Fran White       |                |



# 2014

**President - John Robinson**



For Manly Dragons, the year 2013/2014 has been a year of both challenges and success. During this period, the Club has managed to compete in local, state, national and international competitions.

The manner in which Club members have fulfilled their responsibilities over the year has been a credit to the Club as a whole. Members at Manly know what needs to be done and, to the best of their ability, get on and do it. They are not afraid to ask for help and are more than willing to lend a helping hand.

Manly has built a reputation as a friendly and supportive Club, assisting members of the community, other dragon boat clubs as well as the Queensland Dragon Boat Federation and the Australian Dragon Boat Federation. This reputation is best demonstrated at our regattas where the whole Club pitches in and makes the Manly regatta one that Queensland based clubs look forward to.

In addition to paddling activities, our members take a serious approach to the magnificent facilities that we enjoy in the WMYC. This is evidenced by the continued support of events like the working bee, and ongoing awareness of the general cleanliness and upkeep of the grounds.

We have continued to run up to four training sessions per week right through the winter in preparation for the Club Crew World Championships in Italy from 1-7 September.

Manly sent a contingent of 39 paddlers plus supporters and family members. Competition was held over five days on the beautiful rowing facility in Ravenna. There were over 5400 competitors in 900 crews, 338 races and 145 clubs representing 27 countries.

Manly have again returned from the Club Crew World Championships with a gold medal. Our magnificent Senior B Womens crew conquered the world to win the 2km event. They also placed 2nd in the 200m and 3rd in the 500m. Champions at the pinnacle of a major international sport!

In addition we also contested Senior B Mixed to win a silver over 200m, Senior A Women winning bronze in all 3 distances and finally our Premier Women winning a bronze in the 2km event. That's 3rd in the world against the youngest and strongest women in the sport. Excellent result for Manly.

Overall that means from 17 events we entered, Manly qualified for 15 Grand Finals and won 8 medals. A real top shelf effort from only 39 competitors.

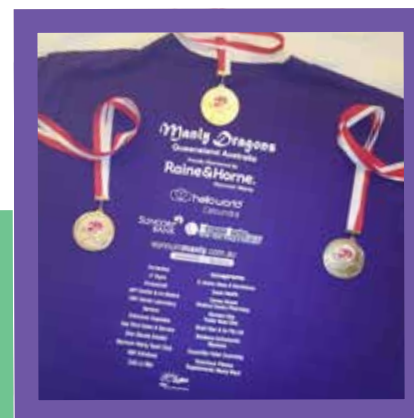
As we train hard for major competitions we also continue to develop our membership base. Finding a balance between inclusiveness and competitive

excellence is no easy feat. Through the introduction of a development boat and membership buddies, the Club encourages members of the community to enjoy and find the level of paddling that best suits them. An extension of this program will be the development of a dedicated training program for the development crew and specific coaching that assists a paddler to fast track into the competition boat, if they wish to.

Today we have approximately 80 members of all ages. We continually strive to increase those numbers through marketing the Club and running

promotional events. Of course we would love to have larger numbers and more competitive members of different ages, but we also need to balance the demands of space. We have four dragon boats in hard stand, plus a support RIB, gear trailer, boat trailer and three individual TK1 training boats. The Club is well stocked with the best standard of equipment in Queensland.

2013/2014 has been another success for Manly Dragons. It has provided many challenges as well. We have overcome them, and look forward to many more years as a benchmark club, operating from the best facilities around.





# 2015

**President - Jeff Hamanne**

2014/15 has officially been the most successful year ever for Manly Dragons. The specifics that determine our overall success can be a bit hard to follow, so I won't bore you with the details. In simplest terms we have grown our competitive base to a high enough level that we are now a major force in the sport. Here is a brief overview of the exceptional achievements of our Club this season.

Our first major challenge of the year was returning from Italy and into normal daily life. For many of our members they had been paddling competitively

for four years non-stop. Travelling to four Australian Championships, two Club Crew World Championships and a World Nations Championships. A very intense and draining experience for them. So rest and recovery were high on the list. Fortunately we saw a large intake of members, both new and from other clubs, around that same time. People who brought a new energy to the Club, with desire to achieve the same success.

Queensland State Championships this year were split into two different events for 10 seat and 20 seat boats, held on different weekends. The 10s was held first. Manly entered teams in every division – the only club in Queensland to do so. We managed to win 1 Gold, 2 Silver and 3 Bronze.

In the second weekend of Queensland State Championships we were able to contest most of the categories and utilise the larger number of members than previous years. Manly crews performed

incredibly well, winning 8 Gold, 7 Silver and 5 Bronze medals. That represented a medal in EVERY race we entered. Unbelievable result.

Next, after a very short couple of weeks we travelled across to Perth for the 2015 Australian Championships. South Western Australia is a beautiful part of the world and Champion Lakes provided an excellent regatta centre with top class facilities.

The Manly Dragon Boat Club returned victorious from the 2015 Australian Dragon Boat Championships held at Champion Lakes in Perth. Jeff Hamanne, President of the Manly Dragons, gave some background to the event. “The National Titles are held over 5 days of racing with the first 2 days are devoted to the masters racing, which is all paddlers 40 years and over. The 3rd day is for State vs State racing. The last 2 days are for Junior and Premier crews, which is open to all ages.”

Manly sent over a total 59 paddlers and entered 38 different events over the four full days of racing. The entries covered age groups from Open (under 40) right through to Senior C (Over 60). Hamanne added “Our crews trained hard and were prepared for a tough fight in Perth. The regatta provided not only the Australian Championships, but also provided the opportunity to represent Australia in the Club Crew World Championships being held in Adelaide in April 2016.”

The crew from Manly paddled over 33 km, contesting 75 races, and won 3 Bronze, 6 Silver and 8 Gold medals. As a result, Manly achieved its goal of qualifying for the Club Crew World Championships in many of Divisions contested.

“This excellent medal tally also earned us the title of Australian Masters Champions for 2015. Meaning Manly is the top ranked club in Australia for paddlers over 40 years of age.”

He went on to say “If you consider that we only won our first national medal four years ago in Canberra, it is a truly awesome achievement. So much has been done over the course of four years to improve and build on the Club. We have been very successful the last two years, but this trophy truly places us at the top of the sport.”

So we finished the 2013/14 Season with gold at the World Championships and have finished 2014/15 as the #1 club in all of Australia. An unbelievable result and one we are extremely proud of and determined to defend next year. You will definitely see us on the water training hard over the coming months.

Since Perth we also had six of our members compete in the Australian team which travelled to Canada – Denise Doyle, Donna Baillie, Jill Praeger, Jo Sibly, Mike Higginson and Stuart Tempest. They all worked extremely hard for months to make the team. The

demands are nothing short of Olympic standard, it is a national team after all. The strength and fitness of those members is really something to see. All of them came home with medals. Australia had by far its most successful international campaign finishing 2nd in the entire WORLD. They were beaten by Canada, the home nation. Well done to all of you.

We also launched our new Facebook site.



**Members of Manly Dragon Boat Club who qualified for the Australian Team, the Auroras and competed in Canada.**

**Jill Praeger, Jo Sibly, Mike Higginson, Stuart Tempest, Donna Baillie, Denise Doyle**





# 2016

President - Kerry Seymour



## 2016 was Manly Dragon Boat Club's 10th anniversary.

The 2015/16 season is under way. Several regattas have been run. This year the AusChamps are in Adelaide in March followed closely by the Club Crew World Championships also in Adelaide early April. Manly will again set a new record for competitor attendance. We expect around 85 members to compete in Adelaide for Manly across the two events. It will be huge, it will be busy and it will be hard work, but we are ready.

### Introducing OC6 cross training!

The OC6 is another training tool to help members develop skills as paddlers and gives us another opportunity to enjoy each others company on the water.

With hard work on our side and stronger training regimes I hope to fill the 2016 year book with stories of many World Championship wins. Stay safe, see you on the water.



## Simply the Best

In August 2016 the Club travelled to South Australia to compete in the Australian Dragon Boat Championships and the Club Crew World Championships.

For nearly three weeks we competed in over 30 events. Thank you to our coaches, team managers and the volunteers.

Here are some memories.



**AusChamps**

- 3 Gold
- 5 Silver
- 9 Bronze

**Club Crew World Championships**

- 1 Gold
- 3 Silver
- 4 Bronze





# 2017

President - Kerry Seymour



Our Juniors



Above are the talented paddlers who qualified for the State Team at AusChamps 2017 at Albury Wodonga.

The Manly crews won 4 gold, 7 silver and 3 bronze to qualify for the Club Crew World Championships in Szeged Hungary in 2018.

Manly again had terrific success at the Queensland State Championships, winning 2 gold, 5 silver and 4 bronze.





# 2018

President - Kerry Seymour



In July 2018, 57 paddlers and a support crew of 15 from the Manly Dragon Boat Club travelled to Szeged Hungary to contest the 11th Club Crew World Championships. This culminated two years of preparation for the crew who were joined by 6200 athletes from 140 clubs across 32 different countries. This was the largest dragon boat regatta to be conducted anywhere and the competition was fierce. Manly Dragons can hold their heads high as in each of the 15 categories contested, the crews made the minor or major final, bringing home Gold, Silver and Bronze medals.

The Club was the top ranked Australian Club at the competition and ranked 17th in the world. As a matter of interest, in the top 17 clubs, there was 1 Australian, 1 American, 2 Hungarian and 13 Canadian clubs and that record stands today until the next Club Crew World Championship in 2022.

The impressive performance by our Senior B (50+) Women saw them take out a BRONZE medal in the 500m large boat division and a Club Crew World Championship GOLD medal in the 200m large boat division. The Senior B ladies capped off the competition by winning a SILVER medal with the men in the large boat 200m mixed crew division. Congratulations to the Premier Womens 10s who participated at CCWC for the first time and made it to the finals for 500m placing 7th. This campaign was the most successful, medalling in 13 events out of 18.

Congratulations to the coaching team led by Mike Martin. The execution of their training program leading up to this event was conducted superbly. The discipline and cohesiveness demonstrated by the crew is testament to the preparation delivered by the coaching crew.

The crew was very pleased with the support shown by major sponsor Margaret Vote of Raine & Horne Wynnum Manly who travelled to the regatta to cheer on the crew – thanks Margaret.

Manly's achievement at these World Championship would not have possible without the support of our generous sponsors; Taffy Finance, InvestmentZone and Trendell and Turner- Travel Associates.

## Club Crew Champs - Szeged Hungary



We must also recognise the achievement of Rachel Tenbrink who represented Australia in the Auroras team who competed at the 2018 Asian Championships in Foshan, China.





# 2019

President - Sharon Reid



## Time to plan your season!

It is an exciting season ahead for the Manly Family and time to plan what you wish to believe and achieve!

Something for Everyone - MDBC has much to offer this season!

Competitive Crews will have National and International events such as Club Crew World Championships (CCWC) in their sights, and the training program for these crews will

reflect the training and commitment to each goal.

If your goal this season is to stay fit and paddle socially there is now a Paddle Fit crew every Saturday and Sunday. Paddle Fit paddlers are welcome to attend all Sports Regattas during the season, and State Championship 20s racing. Paddle Fit crews will train at the same time as the competition crews, and have a modified, less intense program to follow.

During the season there are a series of local sports regattas and everyone is encouraged to attend to get race practice. If you are new to the Club this is where you learn how to prepare for racing, some of the rules of racing and how to work together as a team. All of this is mixed together with an awesome day of fun with friends.

ALL WELCOME

## AusChamps Canberra 2019







**Manly Auroras  
World Champs  
Pattaya 2019**  
**Tanya Matthews  
Mike Higginson  
Rachel Tenbrink -  
Auroras Physiotherapist**





# 2020

President - Peter Brown

Due to COVID-19, the April 2020 AusChamps, in Penrith, NSW was cancelled.

This was closely followed by cancellation of the Club Crew World Championships scheduled for August 2020 in Aix-les-Bains, France.

COVID-19 saw Dragon Boat Queensland write a policy in line with Sport & Recreation so our sport could get back on the water. With this policy in place the committee launched the community support page SURVIVING COVID-19 on the Club website to help our members through tough times and maintain their motivation to stay strong.

# 2021

President - Peter Brown

2021 saw the launch of Team App and our new website. The Club participated in the DBQ State Championships at Lake Kawana 13-14 March. 56 members competed - 40 women and 16 men. Six of our crews brought home some bling!

## State Champs 2021





Management Committees since 2006

	President	Vic Pres	Secretary	Treasurer	Coaching Coordinator	Membership Officer	Head Sweep Coordinator	Regatta Coordinator	Grants Officer
2006/2007	Bob White	Paul Eardley	Kelly Tanner	Maggie Boyce	Peter Ensley				
2007/2008	Heather Day	Paul Eardley	Debbie Robinson	Maggie Boyce	Peter Ensley	Stephanie Oliver	Joe Martin		
2008/2009	Heather Day	Paul Eardley	Pat Ryan	Maggie Boyce	Peter Ensley	Stephanie Oliver	Joe Martin	Carmen Que	
2009/2010	John Robinson	Heather Day	Marie McMahon	Fran White	Maggie Boyce			Carmen Que	
2010/2011	John Robinson	Jason Ferrari	Marie McMahon	Fran White	Maggie Boyce	Danielle Ferrari		Carmen Que	
2011/2012	Jason Ferrari	Heather Day	Danielle Ferrari	Fran White	Maggie Boyce	Alex Mayes		Carmen Que	
2012/2013	Jason Ferrari	Lisa Watzek	Danielle Ferrari	Fran White	Maggie Boyce	Alex Mayes		Carmen Que	
2013/2014	John Robinson	Di Enright	Lisa Watzek Stephanie Oliver	Alex Mayes	Maggie Boyce	Anne Davies	Heather Day	Fran White Jill Praeger	
2014/2015	John Robinson	Di Enright	Stephanie Oliver	Alex Mayes	Mike Martin	Anne Davies	Heather Day	Fran White Jill Praeger	Deb Lorenzen
2015/2016	Jeff Hamanne	Don Rankin	Jo Sibly	Alex Mayes	Mike Martin	Anita Riikonen	Kerry Seymour	Tim Mayes	Kris Fleming
2016/2017	Kerry Seymour	Peter Brown	Steve Ogden	David Mercer	Mike Martin	Anita Higginson	Anne Davies	Barbara Fisher	Kris Fleming
2017/2018	Kerry Seymour	Antony Shrimpton	Steve Ogden	David Mercer	Linda Robinson	Anita Higginson	Heather Day	Jacque Sedgwick	Kris Fleming
2018/2019	Kerry Seymour	Sharon Reid	Vanessa Denzel	David Mercer	Linda Robinson	Sue Fitzpatrick Sandra Wollstein	Heather Day	Jacque Sedgwick	Kris Fleming
2019/2020	Sharon Reid	Pia Mitchell	Vanessa Denzel	David Mercer	Di Enright	Sandra Wollstein	Heather Day	Michelle Kranas	Stephanie Oliver
2020/2021	Peter Brown	Pia Mitchell	Rachael Tenbrink	David Mercer	Jo Sibly	Peter Miller	Heather Day	Michelle Kranas	Stephanie Oliver
2021/2022	Peter Brown	Jenny Cotton	Gail Duffy	David Mercer	Jo Sibly	Peter Miller	Cathy Barnes	Michelle Harrison	Annita Mennell

Dev/Publicity Sponsorship	Come & Try Coordinator	TechnicalWebsite Officer	Equipment Officer	Uniform Officer	Social Officer	Team Manager	QDBF /DBQ Rep	Safety Officer
Ross Boyce Sharon Steeden			Bernie O'Grady				Helen Healey	Joe Martin
Ross Boyce Sharon Steeden		Debbie Robinson	Bernie O'Grady	Pia Mitchell	Heike Gusten			Joe Martin
			Brian McMahon					
			Brian McMahon					
			Brian McMahon					
			Brian McMahon					
			Brian McMahon	Vanita Hamanne	Lexie Warren Rob Wilson David Keys		Karlene McCormick	Kerry Seymour
			Brian McMahon	Vanita Hamanne	Lexie Warren Rob Wilson David Keys		Karlene McCormick	Kerry Seymour
John Robinson	Sandra Wollstein	David Keys	Brian McMahon	Vanita Hamanne	Cathy Haupt		Denise Doyle	Don Rankin
John Robinson Lyza Rooks	Sandra Wollstein	David Keys	Brian McMahon	Vanita Hamanne Sharon Reid	Cathy Haupt Charlotte Hughes			Peter Brown
Cathy Barnes	Kay Miller	Alex Mayes	Shane McKay	Vanita Hamanne	Barbara Fisher	Tim Mayes		Antony Shrimpton
John Robinson	Kay Miller	Megan Donoghue	Shane McKay	Anita Higginson	Barbara Fisher	Peter Smith		Sharon Reid
Kris Fleming	Barbara Jeffrey	Vanessa Denzel	Shane McKay	Anita Higginson		Peter Smith		Pia Mitchell
	Barbara Jeffrey	Danielle Ferrari		Sarah Ormesher		Peter Smith		Pia Mitchell
Natasha Caplick	Charlotte Hughes	Danielle Ferrari	Simon Jones	Sarah Ormesher	Justin Nolan	Peter Smith		Jenny Cotton



Award winners since 2012

2012		2013		2014		2015	
<b>Bob White Trophy - Carmen Que</b> Volunteer - Chris Iersel Rookie Male - Keith West Rookie Female - Anne Davies Talent on the Rise - Sean Banfield Contribution to Club - Carmen Que Paddler with Passion (mongrel) - Paul Eardley Mongrel in Training - Peter Hobbs Sweep of the Year - Fran White		<b>Bob White Trophy - Tony Evans</b> Most Improved Paddler - Dedication to Training - Denise Doyle Dedication to Circuit - Determination - Contribution to Club - Paddler with Passion - Sweep of the Year - Encouragement Awards - DAP - Keith West		<b>Bob White Trophy - Fran White</b> Most Improved Paddler - Thom Cullen Dedication to Training - Denise Doyle Dedication to Circuit - Stephanie Oliver Determination - Barbara Jeffery Contribution to Club - Doug Davies Paddler with Passion - Jeff Hamanne Sweep of the Year - Anne Davies Encouragement Awards - Sandra Kenward, Deb Lorenzen, Keith West		<b>Bob White Trophy - Jill Praeger</b> Most Improved Paddler - Dedication to Training - Dedication to Circuit - Kerry Seymour Determination - Contribution to Club - Tim Mayes Paddler with Passion - Sweep of the Year - Kerry Seymour Encouragement Awards - DAP - Karlene McCormick	
2016		2017		2018		2019	
<b>Bob White Trophy - John Robinson</b> Most Improved Paddler - Dedication to Training - Mike Higginson Dedication to Circuit - Determination - Amber Hill Contribution to Club - Sandra Wollstein Paddler with Passion - Sweep of the Year - Anne Davies Encouragement Awards - DAP - Keith West		<b>Bob White Trophy - Linda Robinson</b> Most Improved Paddler - Irene Fenton and David Mercer Dedication to Training - Keith West Dedication to Circuit - Carmen Que Determination - Kris Fleming Contribution to Club - Doug Davies Paddler with Passion - Alex Mayes Sweep of the Year - John Robinson Encouragement Awards - Val Harris, Brett Eichmann and Barbara Fisher		<b>Bob White Trophy - Josephine Sibly</b> Volunteer of the Year - Barbara Fisher Coach of the Year - Josephine Sibly Team Spirit - Kristine Fleming Paddler of the Year - Heather Day Sweep of the Year - Catherine Barnes Dedication to Training - Stephanie Oliver Most Improved Competitor - Andrew Taylor Rookie of the Year - Donna Yapp		<b>Bob White Trophy - Jacque Sedgwick</b> Rookie of the Year - Michelle Spry and Keith Daly Paddler of the Year - Rachel Tenbrink Team Spirit - Margaret Vote Auroras Shield - Rachel Tenbrink Dedication to Training - Robyn Head Most Improved Competitor - Vanessa Denzel and Glenn Prosser	
2020		2021					
<b>Bob White Trophy - Vanessa Denzel</b> 5-year keyrings - Kris Fleming, Peter Brown, Sue Harris, Charlotte Hughes, Alison Mills, Yukon Fisher, Jacque Sedgwick, Barb Fisher 10-year glasses - Donna Baillie, Anita Higginson and Keith West Auroras Shield - Tanya Matthews and Mike Higginson		<b>Bob White Trophy – Di Enright</b> Paddle with Passion – Jill Praeger, Charlotte Hughes, Beverley Read, Robyn Head Encouragement and Determination – Troy Edwards, Jacinta Wilmot, Hubert Hebl Rookie of the Year – Simon Jones 5-Year key rings – Adam Hinds, Andrew Taylor, Shane McKay, Rachel Tenbrink, Peter Miller, Sarah Ormesher 10- Year Glasses – Jo Sibly, Sandra Kenward					

Achievements

Year	Queensland State Championships	Australian Championship	Club Crew World Championships
2008	1st in Minor Final Senior A Mixed 20s.		
2009		Senior A Womens 20s 200m	
2010	Minor Final Premier Mixed 500m First Premier Womens 500m	Competed in Adelaide	
2011	Grand Masters 2000m Silver	<b>Canberra</b> Masters Women 500m 10s Gold Masters Women 200m 10s Gold Masters Mixed 200m 10s Bronze Grand Masters Mixed 200m 10s Silver Grand Masters Mixed 500m 10s Bronze	
2012	Premier Mixed 1km Gold Masters Mixed 1km Silver Grand Masters 2km Silver	<b>Melbourne</b> Premier Mixed 10s 500m Silver Master Women 10s 500m Gold Master Women 10s 200m Gold Grand Master Mixed 20s 2km Bronze Grand Master Women 10s 500m Silver Grand Master Women 10s 200m Silver	<b>Hong Kong</b> Senior A Women 500m 10s Gold Senior A Women 200m 10s Bronze Senior B Mixed 500m 10s Silver Senior B Mixed 200m 10s Silver Senior B Women 500m 10s Silver Senior B Women 200m 10s Bronze
2013		<b>Penrith</b> Senior B Mixed 20s 2km Gold Senior B Women 20s 500m Gold Senior B Women 20s 200m Gold Senior B Mixed 20s 500m Gold Senior B Mixed 20s 200m Gold Premier Women 10s 500m Gold Senior A Mixed 10s 200m Gold Senior A Women 10s 500m Gold Senior A Women 10s 200m Gold Senior C Mixed 10s 500m Gold Senior C Mixed 10s 200m Gold Premier Open 10s 500m Bronze Senior A Mixed 10s 500m Silver Senior B Open 10s 500m Silver	



Year	Queensland State Championships	Australian Championship	Club Crew World Championships
2014	Senior B Mixed 500m Gold Senior B Mixed 200m Gold Senior B Womens 500m Gold Senior B Womens 200m Gold Senior B Womens 2000m Gold Premier Open 10s 200m Gold Senior B Mixed 2000m Silver Senior A Womens 500m Silver Senior A Womens 200m Silver Senior A Open 200m Silver Senior A Open 500m Silver	<b>Lake Kawana</b> Senior B Mixed 20s 200m Gold Premier Women 10s 500m Gold Premier Women 10s 200m Gold Senior A Women 10s 500m Gold Senior B Women 20s 500m Gold Senior B Women 20s 200m Gold Senior B Women 20s 2km Gold Senior B Open 10s 500m Gold Senior B Mixed 20s 2km Silver Senior B Mixed 20s 500m Silver Senior A Women 10s 200m Silver Senior B Open 10s 200m Silver	<b>Ravenna</b> Senior B Women 20s 2km Gold Senior B Women 20s 500m Silver Senior B Mixed 20s 200m Silver Senior A Women 10s 2km Bronze Premier Women 10s 2km Bronze Senior A Women 10s 500m Bronze Senior B Women 20s 200m Bronze Senior A Women 10s 200m Bronze
2015	Junior Mixed 200m Gold Premier Womens 200m Gold Senior B Womens 200m Gold Senior B Opens 200m Gold Senior A Mixed 200m Silver Senior B Mixed 200m Silver Senior A Women 200m Silver Junior Open 200m Silver Premier Mixed 200m Bronze Premier Open 200m Bronze	<b>Perth</b> Senior A Women 20s 2km Gold Senior B Women 20s 2km Gold Premier Women 10s 500m Gold Senior B Women 20s 500m Gold Senior B Mixed 20s 500m Gold Senior B Women 20s 200m Gold Senior B Mixed 20s 200m Gold Senior B Open 20s 2km Gold Senior A Women 20s 500m Silver Premier Women 10s 200m Silver Senior A Mixed 20s 200m Silver Senior A Women 20s 200m Silver Premier Mixed 10s 500m Bronze Senior A Open 10s 200m Bronze Senior B Open 20s 200m Bronze Senior A Mixed 20s 500m Silver Senior B Open 20s 500m Silver	

Year	Queensland State Championships	Australian Championship	Club Crew World Championships
2016	Senior A Women 20s 500m Gold Senior B Women 20s 500m Silver Premier Mixed 10s 200m Silver Senior B Women 10s 200m Silver Senior C Mixed 10s 200m Silver Premier Women 20s 500m Bronze Premier Open 20s 500m Bronze Premier Mixed 20s 500m Bronze Senior A Mixed 20s 500m Bronze Senior B Mixed 20s 500m Bronze Premier Women 10s 200m Bronze Premier Open 10s 200m Bronze Senior A Women 10s 200m Bronze Senior A Mixed 10s 200m Bronze Senior B Mixed 10s 200m Bronze Senior B Open 10s 200m Bronze Senior C Women 10s 200m Bronze	<b>Adelaide</b> Senior B Women 20s 2km Bronze Senior B Women 20s 500m Gold Senior B Women 20s 200m Gold Senior A Women 20s 2km Silver Senior B Mixed 20s 2km Silver Premier Mixed 10s 500m Silver Senior B Mixed 20s 500m Silver Senior B Mixed 20s 200m Silver Premier Mixed 10s 2km Bronze Senior A Mixed 20s 2km Bronze Senior A Women 20s 500m Bronze Senior A Women 20s 200m Bronze Senior C Women 10s 500m Bronze Senior C Mixed 10s 500m Bronze Premier Mixed 10s 200m Bronze Premier Women 10s 200m Bronze Senior C Mixed 10s 200m Bronze Senior C Women 10s 200m Bronze Senior A Open 10s 2km Bronze	<b>Adelaide</b> Senior B Mixed 20s 200m Gold Senior A Womens 20s 2km Silver Senior B Mixed 20s 2km Silver Senior B Womens 20s 200m Silver Senior B Womens 20s 2km Bronze Senior A Womens 20s 500m Bronze Senior B Womens 20s 500m Bronze Senior B Mixed 20s 500m Bronze
2017	Senior B Open 20s 500m Gold Senior B Women 20s 500m Gold Senior B Women 10s 200m Silver Premier Women 10s 200m Silver Premier Women 20s 500m Silver Senior B Mixed 20s 500m Silver Senior B Mixed 20s 2km Silver Senior B Open 10s 200m Bronze Senior B Mixed 10s 200m Bronze Senior C Mixed 10s 200m Bronze Senior A Women 20s 500m Bronze	<b>Albury Wodonga</b> Senior B Women 20s 500m Gold Senior A Women 20s 200m Gold Senior B Women 20s 200m Gold Senior A Open 20s 500m Gold Senior A Women 20s 500m Silver Senior B Mixed 20s 200m Silver Senior A Open 20s 200m Silver Senior A Women 20s 200m Silver Premier Women 10s 500m Silver Premier Women 10s 200m Silver Premier Women 20's 500m Silver Premier Women 10s 2km Silver Senior B Mixed 20s 500m Bronze Senior B Mixed 20s 200m Bronze Senior B Mixed 20s 2km Bronze	



Year	Queensland State Championships	Australian Championship	Club Crew World Championships
2018	Senior B Open 20s 500m Gold Senior B Women 20s 500m Gold Senior B Women 10s 200m Silver Premier Women 10s 200m Silver Premier Women 20s 500m Silver Senior B Mixed 20s 500m Silver Senior B Mixed 20s 2km Silver Senior B Open 10s 200m Bronze Senior B Mixed 10s 200m Bronze Senior C Mixed 10s 200m Bronze Senior A Women 20s 500m Bronze Senior B Women 20s 500m Gold Senior A Women 20s 200m Gold Senior B Women 20s 200m Gold Senior A Open 20s 500m Gold Senior A Women 20s 500m Silver Senior B Mixed 20s 200m Silver Senior A Open 20s 200m Silver Senior A Women 20s 200m Silver Premier Women 10s 500m Silver Premier Women 10s 2km Silver Senior B Mixed 20s 500m Bronze Senior B Mixed 20s 200m Bronze Senior B Mixed 20s 2km Bronze	<b>Lake Kawana</b> Senior A Mixed 10s 500m Bronze Senior B Mixed 20s 500m Silver Senior B Mixed 20s 200m Silver Senior B Women 20s 200m Gold Senior B Open 10s 200m Bronze Senior B Mixed 20s 1km Silver Senior B Women 10s 1km Gold Senior B Open 10s 1km Silver Senior C Women 10s 1km Silver	<b>Szeged Hungary</b> Senior B Women 20s 200m Gold Senior B Mixed 20s 200m Silver Senior B Women 20s 500m Bronze Senior B Mixed 20s 500m 11th
2019	Senior B Women 20s 500m Silver Senior B Mixed 20s 2km Silver Senior B Open 20s 500m Gold Senior B Open 10s 200m Silver Senior C Women 10s 200m Silver Senior C Open 10s 200m Bronze Senior C Mixed 10s 200m Gold Premier Women 10s 200m Bronze	<b>Canberra</b> Senior C Women 10s 200m Gold Senior C Women 10s 500m Gold Senior C Women 10s 2km Gold Senior C Mixed 10s 200m Gold Senior C Mixed 10s 500m Silver Senior C Mixed 10s 2km Silver Senior B Women 10s 200m Silver Senior B Women 10s 500m Silver Senior B Women 10s 2km Gold Senior B Mixed 20s 200m Gold Senior B Mixed 20s 500m Gold Premier Women 10s 2km Bronze Premier Women 10s 500m Bronze Senior B Open 10s 200m Bronze Senior B Open 10s 2km Gold	

Year	Queensland State Championships	Australian Championship	Club Crew World Championships
2020	Premier Women 20s 200m Gold Senior B Open 20s 2km Bronze Senior C Women 10s 200m Gold Senior B Women 10s 200m Bronze Senior B Women 20s 500m Gold Premier Mixed 20s 200m Bronze Premier Women 20s 500m Gold Senior B Mixed 20s 500m Gold	Due to COVID-19 AusChamps Penrith April 2020 was cancelled.	Due to COVID-19, CCWC Aix-les-Bains, France, August 2020 was cancelled.
2021	Senior B Women 20s 200m Gold Senior B Women 20s 500m Gold Senior B Women 20s 2km Gold Prem Women 10s 200m Silver Prem Women 10s 500m Silver Prem Women 10s 1km Silver Prem Mixed 20s 200m Bronze	Due to COVID-19 AusChamps Perth April 2021 was cancelled.	





# Life members

## Linda Robinson - 2019



Linda joined Manly Dragon Boat Club (MDBC) in 2009 and quickly fell in love with all things dragon boating! Due to her expertise as a teacher of physical education and her passion for the sport, Linda soon became part of the MDBC Coaching Team. She completed her Level 1 Dragon Boat Coaching qualification in 2009 and became a Level 1 instructor in 2012.

Once Linda gained her instructor qualification, she travelled throughout Queensland helping clubs to increase their paddling knowledge, improve their Club's paddling and fitness and increase their skills - making them more competitive for local, state and national competition.

Paddling with the Auroras (Australian National team) in 2013 really cemented the dedication and training needed to qualify for World Championships. Linda, together with other Manly paddlers, brought this to MDBC. We have qualified 5 times in 10 years. Linda has spent countless hours planning MDBC's training strategy, researching and instigating strength and conditioning sessions, coaching paddlers in one-on-one and group sessions, organising guest speakers to present at MDBC on diet, exercise, fitness and health. Linda also got Club

Members special membership deals for our land-based training and testing, introducing weekly yoga/stretch classes and educating paddlers on how to reduce their injuries.

Linda has been instrumental in the Club's many State, National and International achievements. She has always been part of the Coaching Team working out crew lists - local, state, national and international and always there to explain to paddlers why they had been placed in a certain position. Linda has written most of our coaching and training documents, safety documents, fitness and weekly workout plans for on land training during Covid-19, giving us a great format to follow in coaching for the future.

Linda's belief in MDBC and her philosophy of helping paddlers no matter what their expertise, was invaluable in many State, National and International achievements. Linda is a great role model for any aspiring paddler or coach, with her caring, respectful manner and team building ability. I would like to nominate Linda Robinson as a Life Member of Manly Dragon Boat Club as she has been very active in the the Club and has shown exemplary dedication to the sport, traditions and culture of dragon boating.

## John Robinson - 2020



John Robinson has shown exemplary dedication to the sport, tradition and culture of dragon boating. John joined the Manly Dragon Boat Club in 2009 and quickly became dedicated to paddling and involved with the maintenance of Club equipment, transporting boats to regattas and also writing applications for grants.

After only 8 months in the Club John was voted in as President and held that position from 2009 to 2011, during which time the Club prospered. The Club competition results were excellent, the fleet of boats increased, sponsors came on board and many Club initiatives commenced.

John then stepped in to the role again in 2013 at a challenging time for MDBC. John's strong leadership skills and guidance, his sense of fairness, innate honesty and respect for his fellow man, created an atmosphere of community within the Club which supported Manly Dragon Boat Club's Code of conduct to '...provide the best possible environment in which its members can excel'.

John arranged for the Club guidelines to be rewritten in line with the constitution. He is responsible for the Club code of conduct and wrote some of the Club's coaching courses. John introduced MDBC to the use of guest speakers and arranged workshops for all Club members to attend, to format a Club strategy. The outcomes of those workshops became Club development plans and goals and are the reason that the Club is in the position it is today.

John and Linda travelled throughout Queensland where he supervised workshops with clubs to help them see where they could improve their clubs, their goals and if needed, dispute resolution.

To John it is never about him, but all about the Club members and what is best for them. He is always willing to listen and learn. In the time John has been at Manly Dragon Boat Club he has not only been a great paddler and sweep, but also a good friend and great role model. John is always willing to help with maintenance, towing trailers to regattas, passing on his skills to anyone who needs his help. John has been a great ambassador for the Club, has ensured that there is a sound foundation for the Club in the future and we thank him for that. John has gone above and beyond what you could expect of any Club member.

## Brian McMahon – 2021



It is a simple process to identify those members who have quietly demonstrated these qualities, not once or twice, but repeatedly over many years. The essence of the culture of an organisation is simply put – “The way we do things around here”.

One member has tirelessly done many things around the Manly Family that has set the tone and culture of the organisation. This energy has been demonstrated in many ways. This member has put their hand up to fly the Manly flag by being selected in the State Dragon Boat team on numerous occasions.

In 2013, this member worked very hard to represent Australia by being selected in the Auroras to contest the IDBF World Championships in Szeged, Hungary. That team was victorious over the best in the World and won their age group division.

This member has always had a quirky sense of humour and has been on hand to provide encouragement to Committee members and paddlers alike. This member has spent many hours encouraging crews as the skipper of the boat. The role of a sweep is difficult at times, full of responsibility, yet very rewarding in being able to guide a crew to achieve their best.

This member contributed to the Club with many years of sweeping – a contribution that the Club is very grateful for. It is, however, the member's committee work that has given this member the most visibility in the Club. Taking over the role as Equipment Officer from Bernie O'Grady on 24 August 2010, this member cheerfully maintained the dragon boats, trailers, RIB and lots of other stuff that Manly Dragons has accumulated over a period that spanned nearly 10 years.

The most impressive thing about this member was their manner in which other Club members were motivated to join in and help – it could have been a quiz, it could have been the extensive array of “Dad Jokes”, it could have been a costume but it was always the cheery disposition that was captivating. It is with great pride that I nominate Brian McMahon to be awarded Life Membership as he has exemplified the essence of a Life Member for the entire time he has been associated with the Manly Family.





Remember  
this....







The best preparation for tomorrow is doing your best today.





# MANLY DRAGON BOAT CLUB

“Success is not final, failure is not fatal: it is the courage to continue that counts.”



[www.manlydragons.com](http://www.manlydragons.com)